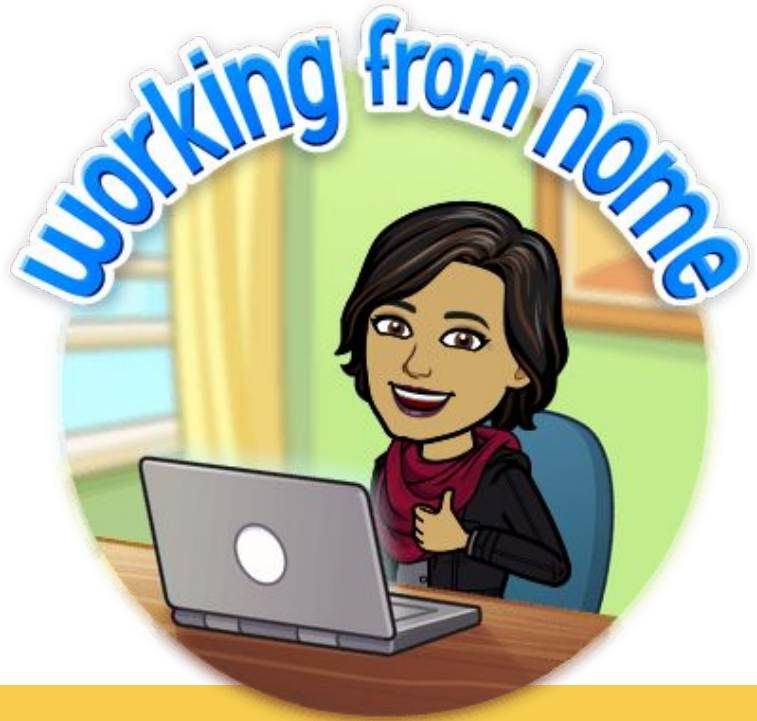


# LIFE DURING COVID-19



**A Weekly Check-in & Resource share  
April 14 2020**

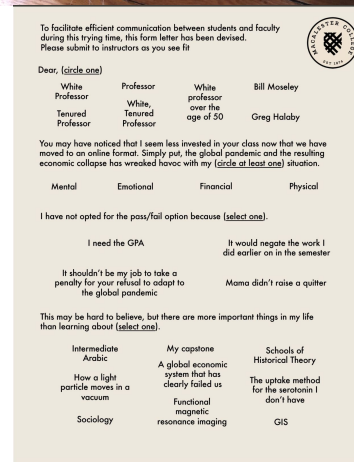
# KIRI'S UPDATE: APRIL 14

Week 3 on Quarantine Island and it's still cozy over here. I just got an extension on an article and feel so MUCH relief. Yay for folks being flexible during a global health crisis!

**-Whatcha watching:** I'm hosting an Enviro Law Watch party and up this week is Erin Brokovich. Feel free to join!

**-Share animal pics:** I thought I would offer up a pic of Sophie in here Pineapple hut (don't mind the tag we've had it for ages but are too lazy to clip for whatever reason).

**-Couple of wins this week:** I actually did laundry; I am turning into quite the small time graphic design artist (peep my course poster and the click-by-numbers google site for our course. lol); and I very unsuccessfully tried to hand sew a facemask and quickly learned that I most definitely need a new sewing machine. I broke the last one. Don't ask. ALSO, who else is joining all the IG Live events?



# LIFE DURING COVID-19



Runa Sandvik   
@runasand



To everyone now working from home, let me introduce you to conference call bingo.

HI, WHO JUST JOINED?	CAN YOU EMAIL THAT TO EVERYONE?	IS ____ ON THE CALL?	UH, ____ YOU'RE STILL SHARING...	HEY, GUYS, I HAVE TO JUMP TO ANOTHER CALL
(SOUND OF SOMEONE TYPING, POSSIBLY WITH A HAMMER)	(LOUD, PAINFUL ECHO/ FEEDBACK)	(CHILD OR ANIMAL NOISES)	HI, CAN YOU HEAR ME?	NO, IT'S STILL LOADING.
NEXT SLIDE, PLEASE.	CAN EVERYONE GO ON MUTE?	I'M SORRY: I WAS ON MUTE	(FOR OVERTALKERS) SORRY, GO AHEAD	HELLO? HELLO?
SO (cuts out) I CAN (unintelligible) BY (cuts out) OK?	SORRY I'M LATE (INSERT LAME EXCUSE.)	I HAVE A HARD STOP AT...	I'M SORRY, YOU CUT OUT THERE.	CAN WE TAKE THIS OFFLINE?
I'LL HAVE TO GET BACK TO YOU.	CAN EVERYONE SEE MY SCREEN?	SORRY, I WAS HAVING CONNECTION ISSUES.	I THINK THERE'S A LAG.	SORRY, I DIDN'T CATCH THAT. CAN YOU REPEAT?

A Weekly Check-in & Resource share  
April 6, 2020

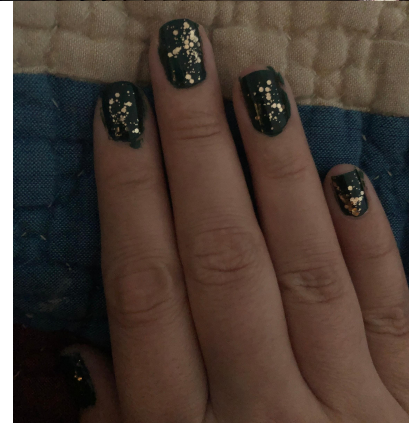
# KIRI'S UPDATE: APRIL 6

The office at home is officially set up, I'm still rocking all the stovetop Americanos, and I am overwhelmed by all the videochats at the same time that I am happy to see family and friends. Someone will surely coin a word for this experience soon.

**-Whatcha watching:** I'm hosting an Enviro Law Watch party and up this week is Mark Ruffalo's new film [Dark Waters](#). Feel free to join!

**-Share animal pics:** More updates from the kitty cam in the Sailiata household. You wouldn't believe it but these littermates were the runts.

**-Couple of wins this week:** I treated myself to an at-home spa night this weekend (i promise i cleaned these nails up after i took this pic), I challenged myself to at least one new recipe a week and managed three last week: pasta, [southern biscuits](#), & carrot salad banchan style. I tried a new hiking spot in St. Paul.



# LIFE DURING COVID-19



**A Weekly Check-in & Resource share**  
**Mar 31, 2020**

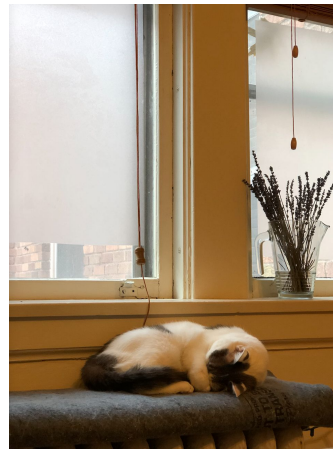
# KIRI'S COVID-19 DIARY: MARCH 24

-Working from home even for an introvert like myself. However, I am a Capricorn and I will force myself up odd and terrifying mountainscapes just because. (Do you like astrology? If so, highly recommend [Chani Nicholas](#)' work. She even has playlists on Spotify)

-**Whatcha watching:** One of y'all recommended *Love Is Blind* on Netflix and I have some thoughts on that social trainwreck. Lol Let's discuss.

-**Share animal pics:** These cats stare at me constantly. It's unnerving. Luckily, I stockpiled their food otherwise game over. The psycho melting her bones on the radiator is Koko. The clearly disturbed one on the yellow pillow throne is Sophie.

-**Couple of wins this week:** I have mastered the art of making Americanos at home (pics or it didn't happen); I have spotted flocks of WILD TURKEYS all across the Twin Cities; and managed not to kill my brother when he came to visit in the midst of the pandemic.



# RAFA IN QUARANTINE

**-Whatcha watching:** I have been watching *The Circle: Brazil*, it is GREAT!! It's kind of freaky foreshadowing of current events... I've been watching a lot of instagram stories too (does that count??)

**-Share animal pics:** The black lump is my cat, Phoebe. I think she is overwhelmed by people being at home all the time. The small rodent is Oswald, he is still in Minnesota living with my cousins because I couldn't bring him on the plane.

**-Couple of wins this week:** Even though I'm not as close to the mountains as I'd like to be, at least now I can see them.

